

Online communities for seniors: The benefits to well-being

Galit NIMROD, Ben-Gurion University of the Negev, Israel

Ageism: A barrier to social inclusion in the 21st Century

Maria SOURBATI, University of Brighton, United Kingdom

Una vita da reinventare: le sfide della longevità al benessere individuale e sociale

(A life to reinvent: How longevity challenges individual and social wellbeing)

Alessandro ROSINA, Department of Statistics, Università Cattolica del Sacro Cuore

1pm Break

EXPO Milano 2015
European Union Pavillion
3.30 pm - 5 pm

Round table

Feeding the memory to feed the generations: active elders and well-being

Moderator:

Giuseppe RIVA, Università Cattolica del Sacro Cuore

Participants:

Fausto COLOMBO, Università Cattolica del Sacro Cuore

Ed DE ST. AUBIN, Marquette University

Per H. JENSEN, Aalborg Universitet

Stefania G. MEDA, Università Cattolica del Sacro Cuore

Galit NIMROD, Ben-Gurion University of the Negev

Maria SOURBATI, University of Brighton

Eric WIDMER, Université de Genève

Scientific Committee

Giovanna ROSSI, Lucia BOCCACIN, Donatella BRAMANTI,
Università Cattolica del Sacro Cuore

Organizing Secretariat

Stefania G. MEDA, Università Cattolica del Sacro Cuore

Registration fees

- 50,00 Euros
- 20,00 Euros (students and PhD students)

Fees include a ticket for EXPO Milano 2015, and a light lunch buffet on May 11th, 2015.

Students, PhD and trainees of Università Cattolica del Sacro Cuore have free access to the conference activities, after compulsory registration.

The speeches will be either in Italian or English, the round table will be in English.

Registration online:

<http://centridiateneo.unicatt.it/famiglia-home>

Box "International Conference"

Materials downloadable at: <https://anzianiinrete.wordpress.com/conference/>

The conference presents the results of the research project "Non mi ritiro: l'allungamento della vita, una sfida per le generazioni, un'opportunità per la società", financed by the Università Cattolica del Sacro Cuore (action D.3.2. 2012)

Information

Centro di Ateneo Studi e Ricerche sulla Famiglia

Università Cattolica del Sacro Cuore

Tel. +39 02 7234 2347 - Email: centro.famiglia@unicatt.it

web: <https://anzianiinrete.wordpress.com/>

Feeding the memory to feed the generations: active elders and well-being

Nutrire la memoria per nutrire le generazioni: anziani attivi e benessere

May 11th and 12th, 2015

Università Cattolica del Sacro Cuore
EXPO European Union Pavillion

International Conference

Under the patronage of



LE UNIVERSITÀ PER EXPO 2015
CITTÀ DEL CONFINO ECO
DEL COMUNE DI MILANO



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In collaboration with



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sulla Famiglia

Active seniors are given increasing attention in Italy and Europe. Active aging involves both an individual and a social dimension. Choosing to play an active role even in later life is, first of all, a subjective option, that calls into play the full range of physical, psychological, relational, ethical resources of the individual. This option acquires a specific social relevance because, through activity, it is possible for the older person to experience an inter-subjective and pro-social dimension, crucial to the pursuit of a successful social role.

Through the presentation of findings from a quantitative research conducted in Italy and similar analysis at the European level, the International Conference aims to provide a comprehensive reflection on this phenomenon, in particular in terms of intergenerational exchanges, well-being and life satisfaction, use of multimedia technologies, pro-social behaviors and volunteering.

May, 11th 2015

Università Cattolica del Sacro Cuore

Room Pio XI, 9am - 1pm

Opening

Franco ANELLI, Rector, Università Cattolica del Sacro Cuore

Session I

Active ageing e scambi tra le generazioni

Chair: Fausto COLOMBO, Director of the Department of Communication Sciences, Università Cattolica del Sacro Cuore

Le reti intergenerazionali degli anziani attivi (The intergenerational networks of the active elders)

Giovanna ROSSI, University Centre for Family Studies and Research, Università Cattolica del Sacro Cuore

Engagement e soddisfazione dei giovani anziani in Italia (Engagement and life satisfaction of the young old in Italy)

Donatella BRAMANTI, University Centre for Family Studies and Research, Università Cattolica del Sacro Cuore

Gratitudine e benessere nelle persone anziane (Gratitude and wellbeing in older adults)

Camillo REGALIA, University Centre for Family Studies and Research, Università Cattolica del Sacro Cuore

Actively generating one's family: How elders shape their family configurations

Eric D. WIDMER, Université de Genève, Suisse

The many flavors of generativity: How elders nourish and sustain younger generations

Ed DE ST. AUBIN, Marquette University, US

1pm - 2pm Lunch break

Room Cripta Aula Magna, 2pm - 5pm

Session II

Pro-sociality and voluntary engagement of active elders

Chair: Giovanna ROSSI, Director of the University Centre for Family Studies and Research, Università Cattolica del Sacro Cuore

Active ageing: Prospects and pitfalls

Per H. JENSEN, Aalborg Universitet, Danmark

L'azione volontaria degli anziani attivi in Italia (Active elders and volunteering in Italy)

Lucia BOCCACIN, University Centre for Family Studies and Research, Università Cattolica del Sacro Cuore

Città metropolitana e senior: Progetti ed esperienze di cittadinanza attiva

(Metropolitan city and older adults: Projects and experiences of active citizenship)

Luigi FERLIN, President Auser Volontariato Milano Onlus
Emilia BORGHI, Vice-President Auser Volontariato Milano Onlus

Relazioni intergenerazionali e impegno pro-sociale negli anziani

(Intergenerational relations and pro-social engagement in later life)
Elena MARTA, Giancarlo TAMANZA, University Centre for Family Studies and Research, Università Cattolica del Sacro Cuore

Diversamente giovani: Energie per Milano (Differently young: Energies for Milano)

Michelino SMERALDI, President ANTEAS Milano

May, 12th 2015

Università Cattolica del Sacro Cuore

Room Pio XI, 9.30am - 1 pm

Session III

Technological innovation and wellbeing

Chair: Piermarco AROLDI, Director of OssCom, Università Cattolica del Sacro Cuore

Anziani digitali? ICTs, relazioni e vita quotidiana dei giovani anziani italiani

(Digital elders? ICTs, relations and everyday life of the young old in Italy)
Simone CARLO, OssCom - Centro di Ricerca sui Media e la Comunicazione, Università Cattolica del Sacro Cuore